Activities for Connection During COVID-19

Considering Risk When Building Community

As a student organization, or just a group of friends, looking to stay connected and build community, it's relevant to consider the risk that comes with some common activities. We're offering these examples to help you make decisions about your planning for fall, and considering your personal comfort with risk. Remember that being physically distant doesn't mean we have to be socially isolated, but it does mean that prioritizing safety for yourself and others is important.

A good rule of thumb is to defer to the most cautious person in your group and make specific plans that everyone agrees to. Avoiding changing the plan last minute to prevent your anyone from getting uncomfortable with unexpected risk.

with physical distancing

Having a meeting

with people indoors

Playing indoor recreation events like bowling or billiards

Hosting an outdoor acoustic music performance where attendees can physically distance Indoor events with physically distant assigned seating with individual activities and materials, like a paint party

Playing outdoor games together with limited contact, like cornhole

Indoor events with physically distant assigned seating, like a hosted speaker event

Having members bring their own snacks and blankets for a distanced outdoor picnic at the Duck Pond

Hosting an outdoor fitness session like yoga that allows for physical distancing

Visiting the farmers market while wearing a face covering

LOWER RISK -----HIGHER RISK

Attending a virtual concert or having a video gaming tournament

Hosting virtual

meetings with a

panel and breakout

rooms

#HokiesMaskUp

Going for a physically distanced walk outside on the Huckleberry Trail

Getting takeout ice cream with your pod and strolling downtown, avoiding crowds

Visit a pumpkin patch or apple orchard while wearing masks

This is meant to be used as a guide and is not meant to be fully evaluative of each program. That must be done on a case by case basis. Keep in mind, with each of these activities there are factors that can increase risk such as the number of people, the duration of the activity, the number of cases in the region, and the compliance of all participants with public health guidelines. Visit vt.edu/ready for more information and resources about guidelines and expectations for the Virginia Tech community. (Created August 2020)

Group potluck events with shared food stations

Attending a large festival or concert

Singing together in an indoor venue

Hosting an indoor movie watch party with physical distancing

Partner dancing lessons or group rehearsals

Attending a backyard barbecue or campfire that allows for physical distancing

Eating outside at a restaurant with a group of people you don't live with



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